

## What's in the Bag

1 lb ground chicken  
1 small zucchini  
2-3 green onions  
1 egg  
mint  
cilantro  
2 cloves garlic  
seasoning (cumin, pepper, paprika,  
cayenne, salt)  
Yogurt sauce

## What's Not

sunflower oil for frying  
bed of greens, or side