

What's in the Bag

1 Squash butternut or kognut
1 or 2 medium carrots
1 large parsnip
1 jar seasoning (1 1/2 tbsp maple
syrup, 1 1/2 tbsp extra virgin olive oil,
3/4 tsp cinnamon, 1/2 tsp ground
black pepper, 1 3/4 tsp kosher salt
Rosemary

What's Not