

What's in the Bag

1 head cauliflower
1 red onion
4 pitas/flatbread
1 baby cucumber
1 tomato
1 call bunch of parsley
1 clove garlic

1 lemon
tahini sauce mix (tahini,
harissa)
Spice mix (cumin, paprika,
coriander, turmeric, ground
pepper, cayenne)

What's Not

olive oil
salt