

What's in the Bag

4 cloves garlic	1 bunch mint
1 lemon	1 bunch spinach
2 (15 oz) cans chickpeas	Spices (1 tsp turmeric, 1/2
2 cans coconut milk	Chili flakes)
2 cubes veg bouillon	1 large onion
1 (2-inch) piece of ginger	

What's Not

olive oil

salt and pepper