

What's in the Bag

1 head cauliflower
Spices (1/2 tsp red pepper
flakes, 1 1/2 tsp coriander, 3/4
tsp turmeric)
1 shallot
1 avocado
1/4 cup golden raisins

1 block halloumi
1 jar dressing base
(preserved lemon, 1 tbsp
red wine vinegar, 1 tsp
honey, 1/2 tsp salt, 1/4 tsp
pepper)
6 oz baby arugula
Fresh parsley

What's Not

olive oil
salt and pepper